

# DIXIE LINERS



Dave & Ann Good - Approved Instructors & members of B.W.D.A

2000

E-mail address [dave@dixieliners.co.uk](mailto:dave@dixieliners.co.uk)

Web address [www.dixieliners.co.uk](http://www.dixieliners.co.uk)

Tel: 01375 386679 Mobile 07803081902

## THIS IS US

COUNT: 64

4 WALL LINE DANCE

LEVEL: EASY INTERMEDIATE

DANCE ROTATES IN CW DIRECTION

BEATS

DANCE STEPS

SEC 1	TOE TOUCHES FORWARD AND BACK, TOUCH OUT, TOUCH IN
1-2	Touch Right toe forward, Step Right beside Left
3-4	Touch Left toe back, Step Left beside Right
5-6	Touch Right toe forward, Step Right beside Left
7-8	Touch Left toe to Left side, Touch Left beside Right
SEC 2	VINE QUARTER TURN LEFT, BRUSH, JAZZ BOX, HOLD
1-2	Step Left to Left, Cross Right behind Left
3-4	Quarter turn Left stepping forward on Left, Brush Right forward (Facing 9:00)
5-6	Cross Right over Left, Step back on Left
7-8	Step Right to Right, Hold
SEC 3	CROSS ROCK, SIDE, HOLD, CROSS ROCK, QUARTER TURN RIGHT, HOLD
1-2	Cross rock Left over Right, Recover onto Right
3-4	Step Left to Left side, Hold
5-6	Cross rock Right over Left, Recover onto Left
7-8	Quarter turn Right stepping forward on Right, Hold (Facing 12:00)
SEC 4	STEP, QUARTER TURN RIGHT, CROSS, HOLD, TRIPLE THREE QUARTER TURN LEFT, HOLD
1-2	Step forward on Left, Quarter turn Right (Facing 3:00)
3-4	Cross Left over Right, Hold
5	Quarter turn Left stepping back on Right
6	Half turn Left stepping forward on Left (Facing 6:00)
7-8	Step forward on Right, Hold
SEC 5	LEFT LOCK STEP, BRUSH, RIGHT LOCK STEP, BRUSH
1-2	Step forward on Left, Lock Right behind Left
3-4	Step forward on Left, Brush Right forward
5-6	Step forward on Right, Lock Left behind Right
7-8	Step forward on Right, Brush Left forward
SEC 6	MAMBO FORWARD, HOLD, MAMBO BACK, HOLD
1-2	Rock forward on Left, Recover onto Right
3-4	Step Left beside Right, Hold
5-6	Rock back on Right, Recover onto Left
7-8	Step Right beside Left, Hold
SEC 7	RUMBA BOX
1-2	Step Left to Left, Step Right beside Left
3-4	Step forward on Left, Hold
5-6	Step Right to Right, Step Left beside Right
7-8	Step back on Right, Hold
SEC 8	BACK LEFT, HOLD & CLAP, BACK RIGHT, HOLD & CLAP SAILOR QUARTER TURN LEFT, HOLD
1-2	Step back on Left, Hold and clap
3-4	Step back on Right, Hold and clap
5-6	Quarter turn Left stepping Left behind Right, Step Right to Right (Facing 3:00)
7-8	Step Left to Left, Hold

CHOREOGRAPHER: Gaye Teather (UK) (April 2006)

MUSIC: This Is Us by Mark Knopfler & Emmylou Harris-176 bpm (Intro: 64 counts (begin counting when the guitar comes in)) (CD: All The Road running)

Go To Sleep Big Bertha by Eddie Rabbitt-176 bpm (32 count intro) (CD: The Most Awesome Line Dancing Album 9)