

# DIXIE LINERS



Dave & Ann Good - Approved Instructors & members of B.W.D.A

2000

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## STRONG ENOUGH

### 64 COUNT

#### 4 WALL LINEDANCE

#### BEATS

#### DANCE STEPS

SEC 1

CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT

1-2

Cross rock right over left, recover back onto left

3&4

Step right to right side, step left beside right, step right to right side

5-6

Cross rock left over right, recover back onto right

7&8

Step left to left side, step right beside left, step left to left side

SEC 2

CROSS UNWIND, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

9-10

Cross right over left, unwind full turn left, (weight ends on left foot)

*Easy opt for counts 9-10, touch right across left, point right to right side*

11&12

Cross right over left, step left to left side, cross right over left

13-14

Rock left to left side, recover back onto right

15&16

Cross left over left, step right to right side, cross left over right

SEC 3

SKATE, SKATE, SHUFFLE, SKATE, SKATE, SHUFFLE

17-18

Skate forward on right, skate forward on left

19&20

Right shuffle forward stepping right, left, right

21-22

Skate forward on left, skate forward on right

23&24

Left shuffle forward stepping left, right, left

SEC 4

ROCK STEP, TRIPLE 3/4 RIGHT, ROCK STEP, COASTER STEP

25-26

Rock forward onto right, recover back onto left

27&28

Turn 3/4 right stepping right, left, right

29-30

Rock forward onto left, recover back onto right

31&32

Step back on left, step right beside left, step forward on left

*Coaster can be replaced with triple full turn left*

*Restart dance from here on wall 4*

SEC 5

PIVOT 1/2 TURN, SHUFFLE FORWARD, PIVOT 1/4 TURN, CROSS SHUFFLE

33-34

Step forward on right, pivot 1/2 turn left, (weight ends on left)

35&36

Right shuffle forward stepping right, left, right

37-38

Step forward on left, pivot 1/4 turn right, (weight ends on right)

39&40

Cross left over right, step right to right side, cross left over right

SEC 6

STEP, CLAP, & STEP, CLAP, BACK ROCK, CHASSE LEFT

41-42

Step right to right side, clap

&43

Step left beside right, step right to right side, (weight ends on right)

44

Clap

45-46

Rock back on left, recover onto right

47&48

Step left to left side, step right beside left, step left to left side

SEC 7

CROSS STRUT, SIDE STRUT, CROSS STRUT, TOE STRUT WITH 1/4 TURN LEFT

49-50

Cross right toe over left, drop right heel

51-52

Step left to left side on toe, drop left heel

53-54

Cross right toe over left, drop right heel

55-56

Step 1/4 turn left on left toe, drop left heel, (weight on left)

Arms:

*on toe struts swing arms to right, left, right, & then in front as you turn with finger clicks*

SEC 8

PIVOT 1/2 TURN, SHUFFLE, ROCK STEP, COASTER STEP

57-58

Step forward on right, pivot 1/2 turn left, (weight on left)

59&60

Right shuffle forward stepping right, left, right

61-62

Rock forward onto left, recover back onto right

63&64

Step back on left, step right beside left, step forward on left

Note:

*coaster can be replaced with triple full turn left*

Choreographed by Nigel & Barbara Payne

Music: Strong Enough by Cher / CD: Strong Enough / Believe EP

Start dance on the word Strong as she sings "Cause I'm strong enough" (About 40 seconds into track)

Nige3. Payne

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