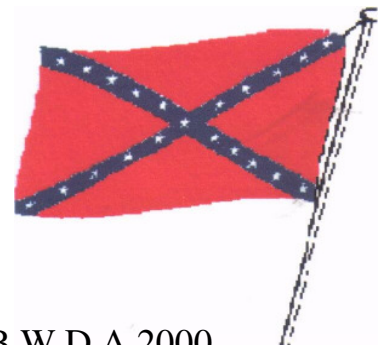


DIXIELINERS



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HEAD OVER HEELS

56 COUNT

2 WALL, BEGINNER/INTERMEDIATE LEVEL

INTO: 30 SECONDS (APPROX) — START ON THE WORD “VERY”

BEATS

DANCE STEPS

SEC 1 WALK. WALK. KICK-BALL-CHANGE. PIVOT 1/2. KICK-BALL-CHANGE.

1-2 Walk fwd R, walk fwd L

3&4 R kick-ball-change.

5-6 Step pivot half turn L (6:00).

7&8 R kick-ball-change.

SEC 2 ROCK. RECOVER. COASTER-STEP. TOE-STRUT. TOE-STRUT.

1-2 Rock fwd R, Recover.

3&4 R coaster-step.

5-6 L toe-heel strut

7-8 R toe-heel strut

SEC 3 ROCK. RECOVER. SHUFFLE 1/2 PIVOT 1/4. CROSS-SHUFFLE

1-2 Rock fwd L, Recover.

3&4 Shuffle half turn L (12:00).

5-6 Step pivot quarter turn L (9:00).

7&8 R cross-shuffle.

SEC 4 ROCK. RECOVER. WEAVE. ROCK. RECOVER. WEAVE

1-2 Rock L to side, Recover.

3&4 Step L behind R, step R to side, cross L over R.

5-6 Rock R to side, Recover.

7&8 Step R behind L, step L to side, cross R over L.

SEC 5 MAMBO. MAMBO. ROCK. RECOVER. SHUFFLE 1/2 TURN LEFT

1&2 Rock L to side, Recover, step L in place.

3&4 Rock R to side, Recover, step R in place.

5-6 Rock fwd L, Recover.

7&8 Shuffle half turn L (3:00).

SEC 6 ROCK. RECOVER. SHUFFLE 1/2 RIGHT, PIVOT 1/2 KICK-BALL-CHANGE.

1-2 Rock fwd R, Recover.

3&4 Shuffle half turn R (9:00).

5-6 Step pivot half turn R (3:00).

7&8 L kick-ball-change.

SEC 7 PIVOT 1/4. KICK-BALL-CHANGE. ROCK. RECOVER. COASTER-STEP.

1-2 Step pivot quarter turn R (6:00).

3&4 L kick-ball-change.

5-6 Rock fwd L, Recover.

7&8 L coaster-step.

Note: On wall 3 dance up to count 14 (L toe-heel strut), Step pivot half turn L (12:00), Start dance again.

On wall 6 dance up to count 4 (R kick-ball-change), Step pivot half turn L (6:00), Step pivot half turn L (12:00), Start dance again

Choreographer: Andrew, Simon and Sheila (UK) January 2007

Choreographed to: Head Over Heels by ABBA, CD: The Definitive Collection or The Visitors