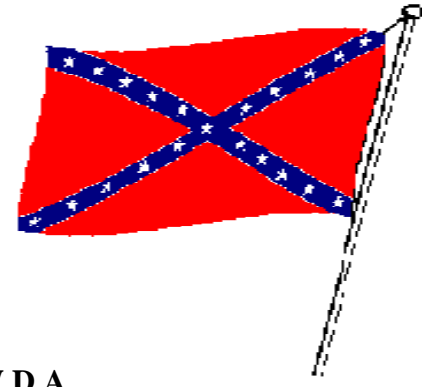
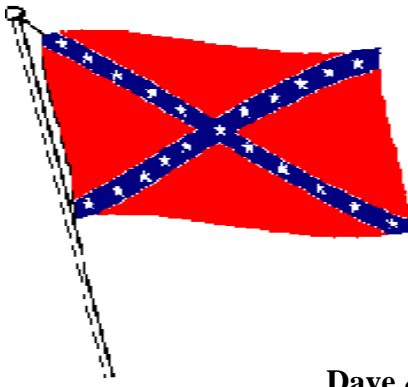


DIXIE LINERS



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ALANE

64 COUNT

4 WALL LINE DANCE

BEATS

SEC 1

1--2

HANDS

&3&4

5 & 6

7 & 8

DANCE STEPS

HEELROCK- ROGER RABBITS-SHUFFLE 1/2 TURN-FOWARD SHUFFLE

Rock forward onto left heel, rock back onto right foot.

On heel rock sweep hands out to the side & up with palms out.

Scoot back on right, step left behind right Scoot back on left. step right behind left.

Shuffle back turning 1/2 turn left, Stepping Left- Right- Left.

Shuffle forward Stepping Right- Left- Right.

SEC 2

9--10

11--12

13--14

15 & 16

ROCK STEP-BACK SHIMMIES- SHUFFLE 1/2 TURN LEFT.

Rock forward onto left foot, rock back onto right foot.

Step back on left foot, shimmy shoulders forward.

Step back on right foot, shimmy shoulders forward.

Shuffle back turning 1/2 turn left , stepping Left- Right- Left.

SEC 3

17--18

HANDS

&19&20

21 & 22

23 & 24

HEEL ROCK- ROGER RABBITS- SHUFFLE 1/2 TURN-FORWARD SHUFFLE.

Rock forward onto right heel, rock back onto left foot.

On heel rock sweep hands out to the side & up with palms out.

Scoot back on left, step right behind left. Scoot back on right, step left behind right.

Shuffle back turning 1/2 turn right - stepping Right- Left- Right.

Shuffle forward Stepping- Left- Right- Left.

SEC 4

25--26

27--28

29--30

31 & 32

ROCK STEP- BACK SHIMMIES- SHUFFLE 1/2 TURN RIGHT.

Rock forward onto right foot, rock back onto left.

Step back on right foot, shimmy shoulders forward.

Step back on left foot ,shimmy shoulders forward.

Shuffle back turning 1/2 turn right-stepping- Right-Left- Right.

SEC 5

33&34

35 & 36

37--38

39--40

CROSS ROCK- SIDE STEP- SAILOR STEP- WEAVE RIGHT WIYH 1/4 TURN

Cross rock left foot over right. Rock back onto right foot, step left foot next to right.

Cross right behind left ,step left to left side ,step right next to left.

Cross left over right, step right to right side.

Cross left behind right, step right to right side turning 1/4 turn right.

SEC 6

41--42

43 & 44

45 & 46

47 & 48

1/2 TURN PIVOT RIGHT- SHUFFLE FULL TURN RIGHT- SHUFFLES FORWARD.

Step forward on left foot pivot 1/2 turn right, (weight remains on right foot)

shuffle step Left- Right- Left, while spinning a full turn right.

Shuffle forward stepping - Right- Left- Right.

Shuffle forward stepping - Left- Right- Left.

SEC 7

49--50

& 51

& 52

53--56

HANDS

FORWARD STEPS & APPLE JACKS X 2

Step forward on right foot, step left beside right.

Taking weight on right toe & left heel Swivel right heel & left toe to the left & back to centre

Taking weight on left toe & right heel Swivel left heel & right toe to the right & back to centre.

REPEAT STEPS 49--52

While dancing apple jacks raise hands in prayer position elbows raised rock arms left the right.

SEC 8

57 & 58

& 59

60

61--64

KICK BALL HEEL- STEP 1/2 TURN PIVOT-TOE TAPS WITH FINGER CLICKS.

Kick right foot forward, step right next to left , touch left heel forward,

Step left foot beside right , step right foot forward.

Pivot 1/2 turn left .

Step right foot forward, Tap toe 3, times taking weight on final toe tap.

(Click fingers At 12-o'clock 1-o'clock 2-o'clock & 3-o'clock with toe taps#

CHOREOGRAPHED BY:- HELEN OOMALLEY & DEIRDRE FITZSIMONS

CHOREOGRAPHED TO:- ALANE BY WES (132 B.P.M) 16 COUNT INTRO

SUGGESTED MUSIC:- HOW DO I LIVE (DANCE MIX) BY LeANN RIMES